

Physicochemical Characterization, Molecular Docking, and *In Vitro* Dissolution of Glimepiride–Captisol Inclusion Complexes

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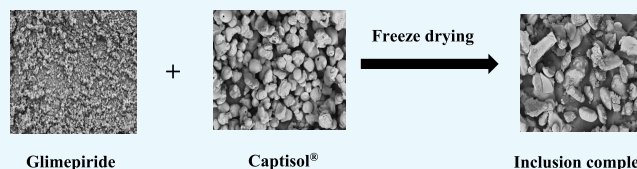
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ABSTRACT: This present study investigated the effect of Captisol, a chemically modified cyclodextrin, on the *in vitro* dissolution of glimepiride. We prepared glimepiride–Captisol complexes of different mass ratios (1:1, 1:2, and 1:3 w/w) by a physical mixing or freeze-drying technique, and found that complexation with Captisol enhanced the water solubility of glimepiride. Molecular docking and dynamic simulation predicted complex formation; at the same time, Fourier transform infrared spectroscopy, differential scanning calorimetry, powder X-ray diffractometry, and scanning electron microscope indicated molecular interactions that support complexation. We also found that an inclusion complex was better than a physical mixture in enhancing the complexation of glimepiride with Captisol and enhancing water solubility. Phase solubility study of the glimepiride–Captisol complex showed an A_L -type profile, implying the formation of a 1:1 inclusion complex. The study also revealed that pH influenced the stability of the complex because the stability constant of the glimepiride–Captisol complex was higher in distilled water of pH \sim 6.0 than in phosphate buffer of pH 7.2.



INTRODUCTION

Glimepiride (Figure 1) is a long-acting, second-generation sulfonylurea drug indicated for type 2 diabetes mellitus.¹ The drug is poorly water-soluble, which limits its bioavailability and, ultimately, efficacy^{2,3} and therefore creates a critical need to enhance the water solubility of the drug. In this regard, there are intensive efforts to apply solubility enhancement techniques such as encapsulation within cavitands to improve glimepiride solubility. Well-known cavitands are cyclodextrins (Figure 1), which encapsulate poorly water-soluble drugs within their hydrophobic cavity and, through their hydrophilic exterior, enhance water solubility.^{4–9} Ammar's group, for instance, designed different drug–cyclodextrin–polymer ternary systems to enhance the solubility of glimepiride,^{8–10} and Uekama's group integrated cyclodextrin into drug carriers to improve the solubility of the drug.¹¹ In the ternary system, the cyclodextrin forms both inclusion and noninclusion complexes with glimepiride, leading to an increase in the drug's solubility.^{8,9} Depending on the concentration of cyclodextrin in the system, aggregates of 1:1 or 1:2 glimepiride–cyclodextrin inclusion complexes are assembled, which can further solubilize the drug via noninclusion complexation or micelle-like structure.^{7–10}

The structure of the cyclodextrin plays a critical role in drug solubilization. Uekama's group found that glimepiride forms more water-soluble complexes with α - and β -cyclodextrins than with γ -cyclodextrin,¹¹ implying that structural and functional modifications could fine-tune drug solubilization properties. Sulfobutylether- β -cyclodextrin (SBE- β -CD) (Figure 1) typifies

a chemically modified cyclodextrin with improved solubility and reduced systemic toxicity.¹² Recently, Captisol, a chemically modified β -cyclodextrin (Figure 1), was designed to maximize safety and enhance drug solubility, stability, and bioavailability.¹³ Preclinical and clinical evaluations suggest that Captisol is less toxic than β -cyclodextrin and provides more interactions to enhance water solubility of poorly water-soluble drugs.¹⁴ These superior properties have triggered an interest in using Captisol to solubilize and stabilize poorly water-soluble drugs.^{15–17} Here, we hypothesize that Captisol complexes glimepiride within the hydrophobic cavity to enhance the drug's solubility in aqueous media.

The goal of this study is to test the hypothesis by formulating a glimepiride–cyclodextrin solid dispersions, physical mixture and inclusion complex, and then study the drug's solubility. The solid dispersions were prepared using freeze-drying and physical mixing techniques. We carried out phase solubility studies to understand how temperature and pH affect the solubility of the glimepiride–Captisol inclusion complex. We also conducted molecular docking and simulation experiments to predict complex formation and stability. Powder X-ray diffractometry

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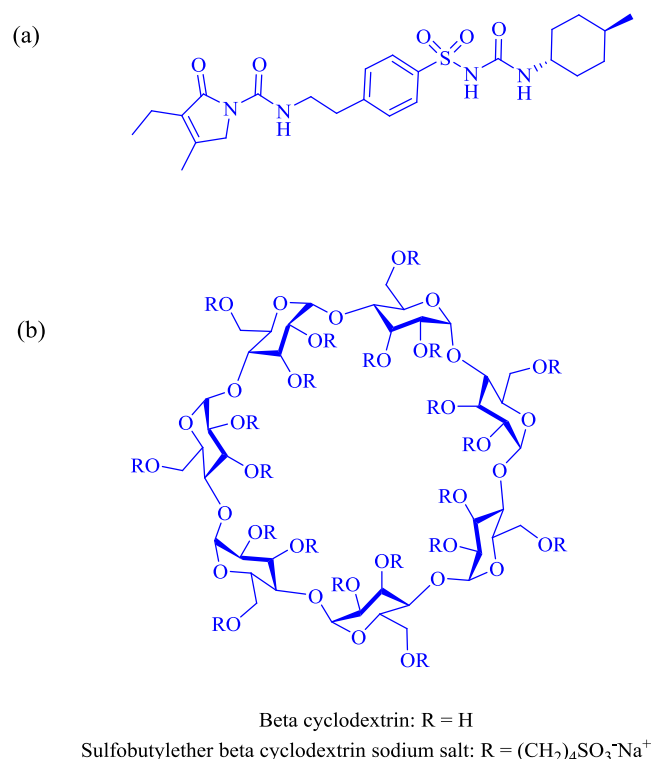


Figure 1. (a) Chemical structure of glimepiride. (b) Chemical structure of some cyclodextrins.

(PXRD), differential scanning calorimetry (DSC), scanning electron microscopy (SEM), and Fourier transform infrared spectroscopy (FTIR) were carried out to confirm Captisol complexation with glimepiride.

RESULTS AND DISCUSSION

Stability of Glimepiride Depends on pH. The objective of this study is to enhance the water solubility of glimepiride, a hydrophobic drug indicated for type 2 diabetes mellitus. Our approach to achieving this objective is to use Captisol, a modified β -cyclodextrin, which improves the water solubility of various hydrophobic drugs.^{13,15–18} Toward this, we first evaluated the saturation solubility of glimepiride by measuring the drug concentration in its saturated solution of distilled water, hydrochloric acid buffer (pH 1.2), or phosphate buffer (pH 7.2) at 10 or 35 °C. The measured concentration depends more on pH than on temperature, with higher drug concentration measured in distilled water than in hydrochloric acid or phosphate buffer (Table 1). It is plausible to attribute the low concentration in hydrochloric acid or phosphate buffer to poor solubility; however, this is unlikely because these pH conditions should facilitate dissolution. Under these conditions, the amide group in the drug could become positively or negatively charged

Table 1. Saturation Solubility of Glimepiride in Different Media and Various Temperatures

solutions	solubility of glimepiride ($\mu\text{g/mL}$)	
	10 °C	35 °C
distilled water	0.53	0.56
phosphate buffer (pH 7.2)	0.49	0.49
hydrogen chloride acid buffer (pH 1.2)	0.26	0.27

in the acidic hydrochloric acid or slightly alkaline phosphate buffer,¹⁹ respectively, enhancing drug solubilization. A more likely explanation, however, is that at these conditions, acid or alkaline hydrolysis of the drug occurs, resulting in drug degradation and ultimately lowering the concentration. Indeed, literature precedence suggests that glimepiride degrades under acidic or alkaline conditions, lowering drug concentration.²⁰ Given the likely degradation of the drug at acidic pH, we decided to evaluate the thermodynamic parameters for glimepiride–Captisol interactions and phase solubility studies only in distilled water (pH 6) and phosphate buffer (pH 7.2). On the other hand, we attributed the negligible effect of temperature on the saturation solubility of glimepiride (Table 1) to the inherent complexity in the relationship between hydrophobic effect and temperature. Indeed, considering that hydrophobic effect exerts its most substantial effect around 20 °C and then decreases above and below this temperature,²¹ we expected the solubility of glimepiride at 10 and 35 °C to differ slightly.

Captisol Enhances Water Solubility of Glimepiride. We prepare glimepiride–Captisol solid dispersion by physically mixing the powdered form of both compounds to form a physical mixture or freeze-drying a homogeneous solution of both compounds to form an inclusion complex. In both approaches, different glimepiride/Captisol mass ratios (1:1, 1:2, and 1:3 w/w) were obtained by varying the mass of Captisol in the solid dispersion. The water solubility of glimepiride in the physical mixture and inclusion complex was compared with that of the pure drug to obtain a solubility enhancement factor, which is the ratio of the amount of glimepiride that dissolves from the physical mixture or inclusion complex into distilled water to that from the pure drug. In distilled water, the enhancement factor increases, indicating that Captisol enhances the water solubility of glimepiride. Also, glimepiride solubility increases with mass ratio because a 1:3 ratio yielded over 1-fold increase in enhancement factor (Figure 2). For instance, in the inclusion

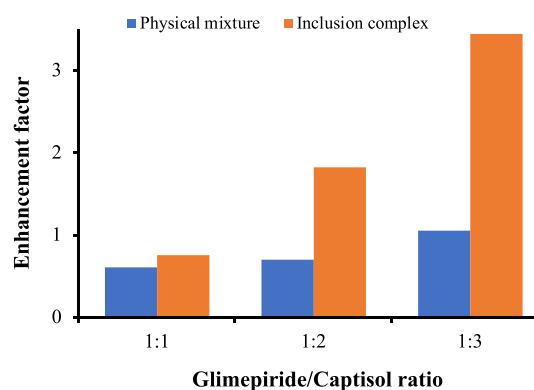


Figure 2. Solubility enhancement factors of glimepiride in physical mixtures and inclusion complexes in distilled water.

complex, no significant increase was observed at a 1:1 ratio, but ~2-fold and ~3-fold increases in enhancement factor were found at ratios of 1:2 and 1:3, respectively (Figure 2). We found that increasing the amount of Captisol in the physical mixture or inclusion complex increases the drug solubility in distilled water (Table 2) and that the enhancement factor of inclusion complexes was better than that of physical mixtures. Our finding concurs with a previous report that shows the superiority of the Captisol inclusion complex over a physical mixture in enhancing water solubility of hydrophobic drugs such as

Table 2. Concentration (Solubility) of Glimepiride Solubilized into Distilled Water from the Physical Mixture and Inclusion Complex

glimepiride/Captisol	physical mixture ($\mu\text{g/ml}$)	inclusion complex ($\mu\text{g/ml}$)
1:1	0.34	0.43
1:2	0.40	1.03
1:3	0.59	1.94

ibuprofen.¹⁵ Also, our observation that the dissolution of glimepiride increases with the concentration of the cyclodextrin agreed with a previous report.¹⁰

Phase Solubility Profiles Indicate an A_L-Type Glimepiride–Captisol Inclusion Complex and a Strong Interaction between both Compounds. Intrigued by the ability of Captisol to enhance the water solubility of glimepiride, we investigated the binding constants between the two compounds using phase solubility profiles in distilled water and phosphate buffer (pH 7.2) at 10 and 35 °C. The solubility profiles were obtained by plotting the molar concentration of glimepiride against that of Captisol. According to Higuchi's phase solubility profile classification,²² a solubility phase is an A_L-type if the drug solubility increases linearly with the concentration of Captisol in the solvent. In this study, the linearity of the curves and values of the slope, which are less than one (Figure 3), suggests that the drug exhibited an A_L-type behavior. The increase in drug solubility with Captisol agrees with previous findings and is consistent with the solubility enhancement nature of cyclodextrin derivatives.¹⁵

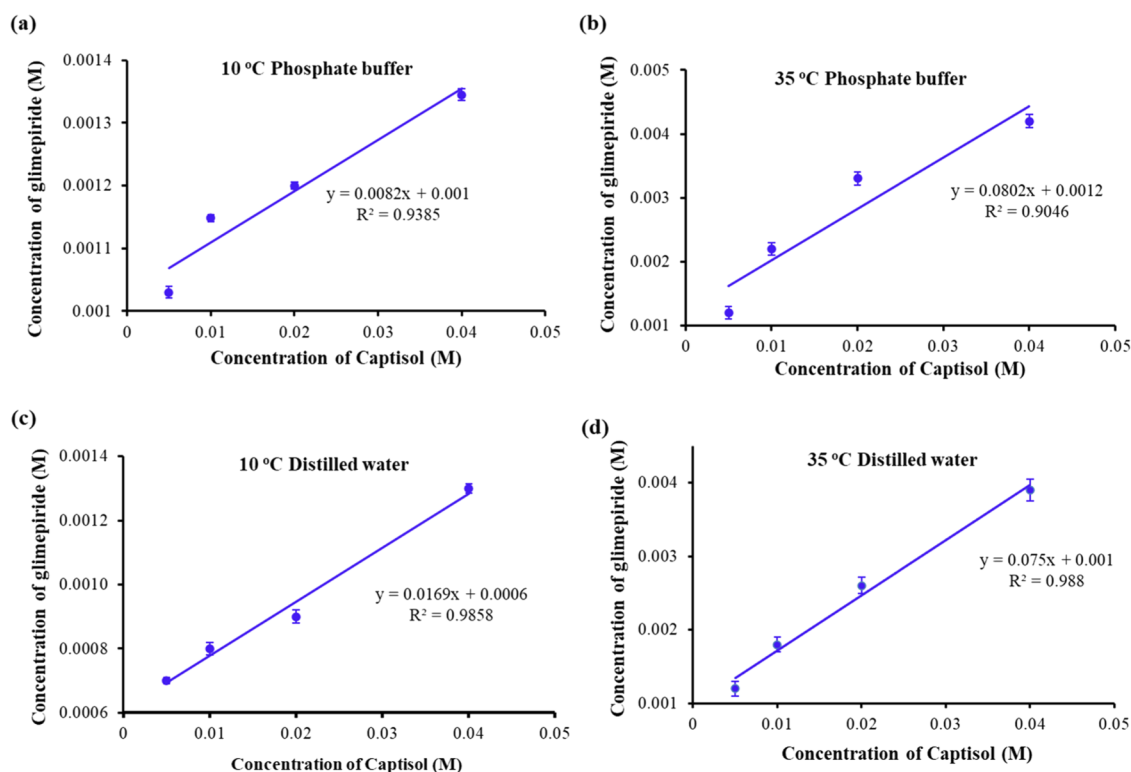
Table 3 shows the apparent stability constants and other thermodynamic parameters for interactions of Captisol with glimepiride at various temperatures. The stability constant (K_c) was calculated from the slope and intercept of the phase solubility diagram (Figure 3), which depends on the molecular

Table 3. Thermodynamic Parameters of Glimepiride and Captisol Complex System

parameter	distilled water, pH 6.0		phosphate buffer, pH 7.2	
	10 °C	35 °C	10 °C	35 °C
intercept (M)	0.0006	0.001	0.001	0.001
slope	0.02	0.08	0.008	0.08
K_c (M^{-1})	29	83	8	73
CE	0.02	0.08	0.008	0.09
ΔG (kJ/mol)	−8	−11	−5	−11
ΔH (kJ/mol)	31		63	
ΔS (J/mol/K)	134		240	

weight and binding capacity of the drug and Captisol. The K_c of glimepiride in phosphate buffer was 3 and 73 M^{-1} at 10 and 35 °C, respectively (Table 3). As the value of K_c lies between 50–2000 M^{-1} at 35 °C, we inferred that Captisol interacts with the drug to improve the physical and chemical characteristics of the latter.²³ We found the change in Gibbs free energy (ΔG) to be negative for all the samples, implying that complexation between Captisol and glimepiride was spontaneous, which concur with previously reported interactions between β -cyclodextrin and ibuprofen¹⁵ or ketoprofen.²⁴

We also evaluated K_c of glimepiride in distilled water and obtained values of 29 and 83 M^{-1} at 10 and 35 °C, respectively. At 35 °C, these values lie between the 50–2000 M^{-1} range, indicating that the interactions in Captisol are sufficient to solubilize the drug. Again, the negative ΔG values confirm the spontaneity of the binding interaction between Captisol and glimepiride, while the positive values of the change in enthalpy (ΔH) indicate that the interaction was endothermic. The positive values of entropy change (ΔS) (Table 3) imply increased disorderliness, presumably due to enhanced dis-

**Figure 3.** Phase solubility profile of glimepiride in (a, b) phosphate buffer pH 7.2 and (c, d) distilled water pH 6.0 at (a, c) 10 °C and (b, d) 35 °C.

solution of the glimepiride in Captisol, and also support the spontaneity of the drug–Captisol interaction, as evidenced by the negative ΔG values.²⁵

A previous study of inclusion complexes of various cyclodextrins with the hydrophobic drug, naproxen, showed that under acidic conditions, the unionized form of the drug forms a more stable complex with the negatively charged cyclodextrin compared with the ionized form.²⁶ In this study, we assumed that the negatively charged Captisol formed a more stable complex with unionized or partially positively charged glimepiride in distilled water (\sim pH 6) than its negatively charged form in phosphate buffer (pH 7.2). Indeed, at pH 7.2, a negatively charged glimepiride electrostatically repels the negatively charged Captisol, whereas at pH 6, a slightly positively charged drug electrostatically attracts and complexes the negatively charged Captisol.

Molecular Docking and Molecular Dynamics Simulation Support Formation of Inclusion Complex. We conducted molecular docking of pure glimepiride with β -cyclodextrin using MOE 2019.01 to understand the binding affinity and stability of the inclusion complex. We used β -cyclodextrin for the docking experiment because Captisol is a modified β -cyclodextrin but most importantly is a proprietary compound with undisclosed structure. The energy minimized structure obtained from the docking experiment predicts that β -cyclodextrin can encapsulate glimepiride within its hydrophobic cavity (Figure 4). The experiment also predicts the formation of

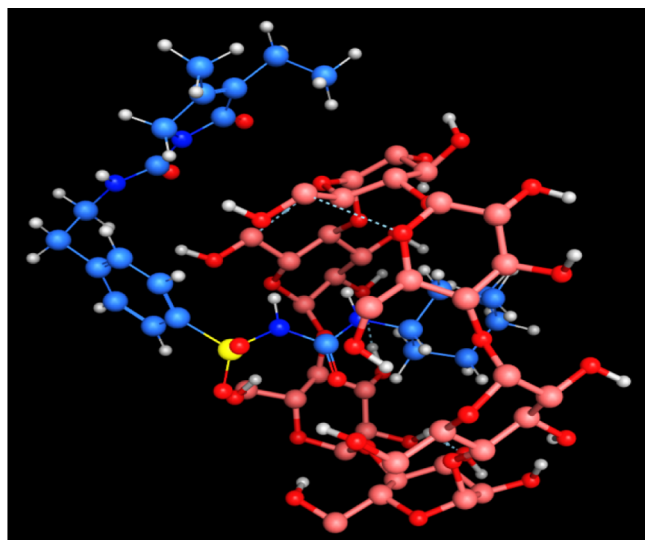


Figure 4. β -cyclodextrin–glimepiride docked inclusion complex. Blue molecule denotes glimepiride, and orange molecule denotes β -cyclodextrin.

the β -cyclodextrin–glimepiride inclusion complex with a binding energy of -120 kJ/mol. Previous reports assert that negative binding energy indicates a stable inclusion complex.^{15,27} Using GROMACS, we also performed molecular dynamic simulations to substantiate the docking experiment and to calculate the binding free energy of the docked complexes. Three energetic terms for calculation of changes in binding free energy were done through the MM_PBSA method, which was calculated using the *g_mmpbsa* tool.²⁸ The experiments, which were run for 100 ns, fetch information from the GROMACS trajectory file and calculate the total free energy for β -cyclodextrin–glimepiride docked complexes. We also calculated

the van der Waals energy, electrostatic energy, polar solvation energy, SASA energy, and overall binding energies (Table 4).

Table 4. Binding Free-Energy Calculation of the β -Cyclodextrin–Glimepiride Inclusion Complex with Individual Component Contributing to Total Binding Free Energy in MM_PBSA Method

parameters	values
van der Waals energy (kJ/mol)	-127.21 ± 5.78
electrostatic energy (kJ/mol)	-4.92 ± 0.55
polar solvation energy (kJ/mol)	24.88 ± 1.25
SASA energy (kJ/mol)	-12.14 ± 0.44
binding energy (kJ/mol)	-119.52 ± 5.49

Solid-State Analyses Show that Glimepiride Interacts with Captisol. To substantiate the results of the computer simulation that indicate that Captisol interacts with glimepiride, we used SEM, FTIR, PXRD, and DSC for solid-state analyses of the physical mixture and freeze-dried inclusion complex. SEM images revealed solid-state glimepiride and Captisol as flake-shaped and spherical materials, respectively (Figure 5). The morphologies of the inclusion complex and the physical mixture differ considerably due to differences in processing procedures (Figure 5). For instance, we observed drug residues on the surface of the physical mixture, which contrasts with the inclusion complex, where none was present on the surface (Figure 5), probably as a result of encapsulation with the hydrophobic core. The FTIR spectra of glimepiride and Captisol showed the expected absorption bands and a shift in bands of the physical mixture, probably because of the interaction between the two compounds (Figure 6). For the inclusion complex, some characteristic bands of Captisol and glimepiride were absent; for example, the band at 3284 cm^{-1} (N=H stretching) associated with glimepiride was not observed (Figure 6). Previously, FTIR confirms the formation of an inclusion complex,²⁹ and we infer from the results of this study that the observed changes in the FTIR spectrum of glimepiride and Captisol in the inclusion complex support the formation of drug complexation.

The PXRD diffractogram of the glimepiride was sharp and intense, confirming the expected crystallinity of the drug, while that of Captisol was broad, indicating amorphousness (Figure 7). The diffractogram of the physical mixture (mass ratio of 1:3) showed peaks that were characteristic of glimepiride, although many peaks shifted while some were absent. The diffractogram of inclusion complexes (mass ratio of 1:1) was broad, and the characteristic crystalline peaks of glimepiride were absent, presumably due to the encapsulation of glimepiride within the hydrophobic cavity of Captisol. A previous report shows that drugs encapsulated with cyclodextrin lose their crystallinity; for instance, pimozide was found to lose its crystallinity in a β -cyclodextrin-poly(vinylpyrrolidone) inclusion complex, resulting in an enhanced water solubility.³⁰ We also performed DSC analyses to probe the interactions between glimepiride and Captisol. The thermogram (Figure 8) of glimepiride shows an endotherm at $211\text{ }^{\circ}\text{C}$ and enthalpy of fusion (ΔH_f) of 88 J/g while that of Captisol showed an endotherm at $265\text{ }^{\circ}\text{C}$. The thermogram of the physical mixture exhibited the typical endotherms of glimepiride and Captisol. We attributed the endotherm at $\sim 210\text{ }^{\circ}\text{C}$ to complexation between the drug and Captisol. In the thermograms of the inclusion complexes, the glimepiride endotherm disappeared, suggesting that the drug was encapsulated in the cavity of Captisol.

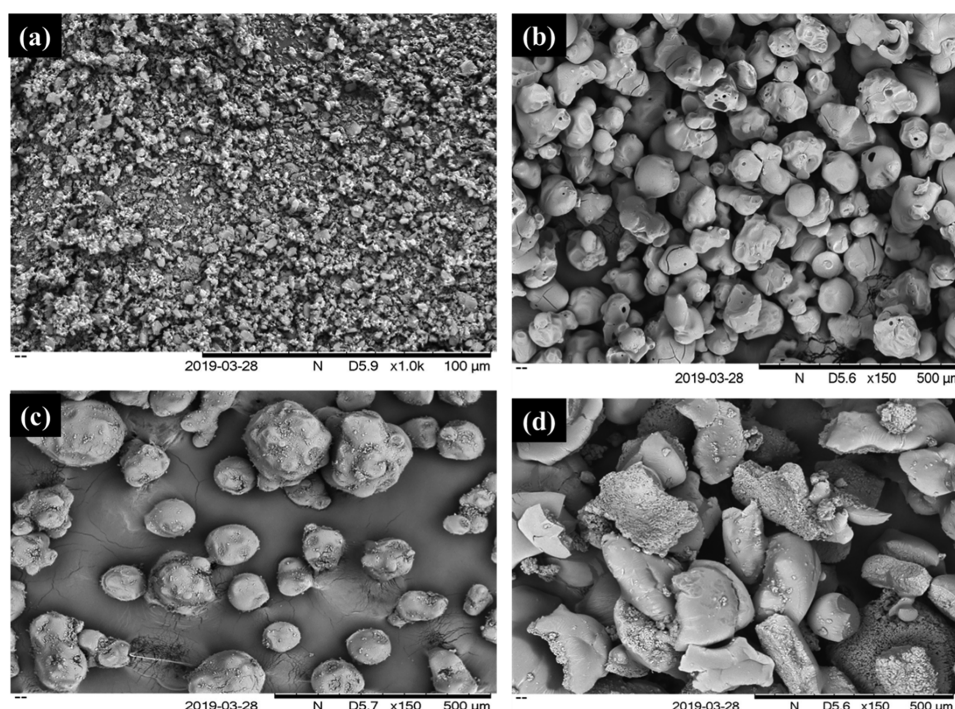


Figure 5. Scanning electron micrographs: (a) pure glimepiride, (b) Captisol, (c) glimepiride–Captisol physical mixture, (d) glimepiride–Captisol® inclusion complex.

In Vitro Dissolution Study Shows that Captisol Enhances Water Solubility of Glimepiride. We evaluated the *in vitro* dissolution of glimepiride from the pure powdered form, physical mixture, and inclusion complex at physiological pH (7.2) and temperature (37 °C) conditions. We found that the drug in physical mixtures dissolved faster than in the pure form, with almost 44% of glimepiride being solubilized within 90 min (Figure 9). The drug in the inclusion complex had the fastest dissolution rate, with 100% of the drug being solubilized within 90 min. We attribute the enhanced water solubility of the drug in the physical mixture and inclusion complex to Captisol, which enhances the wettability of glimepiride through the formation of a hydrodynamic film around the drug particles, or solubilization of Captisol within the microenvironment, as demonstrated with acyclovir–hydroxypropyl- β -cyclodextrin complex.³¹ Previous studies have shown that water solubility of drugs is higher in inclusion complexes than in physical mixtures or pure drugs.³⁰ We attributed the slow dissolution of glimepiride from the inclusion complexes within the first 20 min to the fractional entrapment of glimepiride molecules inside the cyclodextrin cavity.

In conclusion, we prepared glimepiride–Captisol solid dispersions by a freeze-drying or physical mixing technique to increase the water solubility of the hydrophobic type 2 diabetes drug, glimepiride. Captisol is a modified β -cyclodextrin with a hydrophobic cavity that can encapsulate and solubilize glimepiride and a hydrophilic exterior that ensures that the encapsulated drug is homogeneously dispersed in an aqueous medium. Our molecular docking experiment predicts that β -cyclodextrin encapsulates and stabilizes glimepiride. Empirical data from PXRD, DSC, SEM, and FTIR confirm that Captisol interacts with glimepiride. Indeed, PXRD indicates that Captisol encapsulates glimepiride because the characteristic crystalline peaks of the drug disappear upon the formation of the inclusion complex. These interactions and encapsulation phenomenon

enhance the water solubility of the drug. Indeed, *in vitro* dissolution experiments show that the water solubility of glimepiride in the physical mixture and inclusion complex was higher than that in the pure drug. Overall, our results show that Captisol can enhance the water solubility of hydrophobic drugs to improve their bioavailability.

MATERIALS AND METHODS

Materials. Glimepiride and Captisol were a gift from Indoco Remedies Ltd., Baddi, Katha, Himachal Pradesh, India, and CyDex Pharmaceuticals Inc., Kansas, USA, respectively. Other reagents and solvents were of analytical grade and used without any further purification.

Determination of Saturation Solubility of Glimepiride.

To determine the saturation solubility of glimepiride, we added an excess amount of glimepiride to 20 mL of an appropriate medium (pH 7.2 phosphate buffer, pH 1.2 hydrochloric buffer, or distilled water) maintained at 10 °C or 35 °C and stirred continuously with a magnetic stirrer.¹⁵ After equilibrium, the sample was centrifuged, and the supernatant was recovered by filtration. The filtrates were diluted, and their absorbances were monitored using a UV spectrophotometer at a wavelength of 228 nm while the drug concentration was obtained from a standard curve.

Preparation of Physical Mixtures of Glimepiride with Captisol. Different mass ratios (1:1, 1:2, and 1:3 w/w) of glimepiride and Captisol were mixed and homogenized by triturating using a mortar and pestle for 30 min.³² The mass of Captisol was varied while that of glimepiride was kept constant.

Preparation of Inclusion Complexes of Glimepiride and Captisol Using Freeze-Drying. The inclusion complexes were prepared by dissolving the glimepiride and Captisol at different mass ratios (1:1, 1:2, and 1:3) in water to form a homogeneous mixture. Briefly, the weighted glimepiride was added to water and stirred, and then the weighted Captisol was

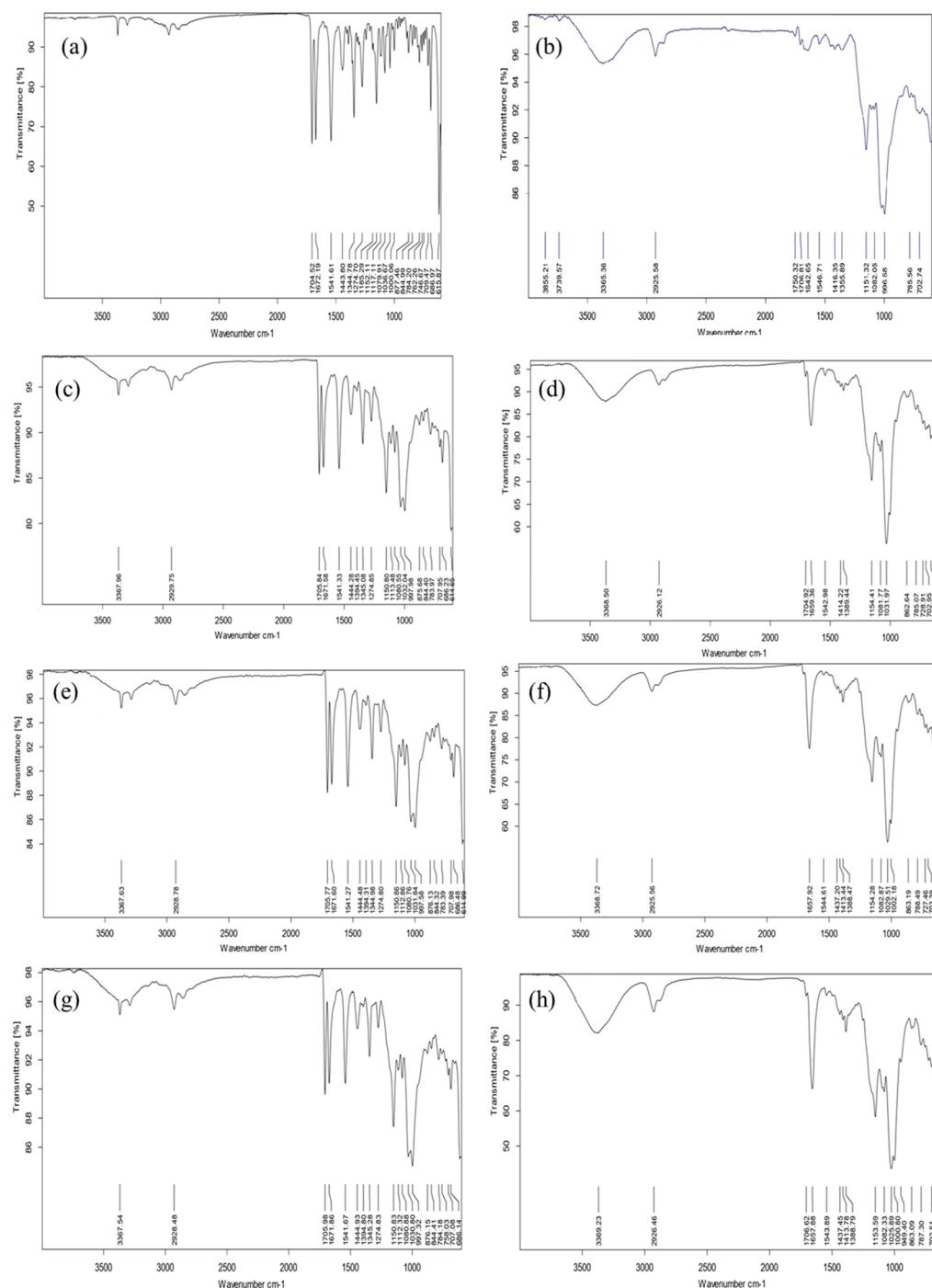


Figure 6. FTIR spectra of (a) glimepiride, (b) Captisol, (c) glimepiride–Captisol 1:1 physical mixture, (d) glimepiride–Captisol 1:1 inclusion complex, (e) glimepiride–Captisol 1:2 physical mixture, (f) glimepiride–Captisol 1:2 inclusion complex, (g) glimepiride–Captisol 1:3 physical mixture, and (h) glimepiride–Captisol 1:3 inclusion complex.

added to the solution and stirred for 24 h using a magnetic stirrer. The solution was filtered, and the filtrate was freeze-dried at $-40\text{ }^{\circ}\text{C}$ under vacuum for 12 h until a dried powder was obtained.³³

Drug Content Determination. The drug contents in the physical mixtures and inclusion complexes were determined according to the previously described method.³⁴ Briefly, 10 mg of physical mixture or inclusion complex was added into 10 mL of DMF/water solvent (1:1, v/v) to dissolve both the free and complexed glimepiride. Then, the solutions were stirred, centrifuged for 10 min at 4000 rpm, filtered, and then diluted,

and the drug content was quantified at 228 nm using a UV spectrophotometer (UV Shimadzu 1800, India).

Phase Solubility Study. The experiment was carried out at 10 or $35\text{ }^{\circ}\text{C}$ in pH 7.2 phosphate buffer or distilled water¹⁸ and with different molar concentrations of glimepiride and Captisol. A phase solubility diagram was constructed using the molar concentration of glimepiride against that of Captisol.²² Using the following equation,^{12,15,26,35} the apparent stability (binding) constants (K_c) of different glimepiride–Captisol complexes were calculated by:

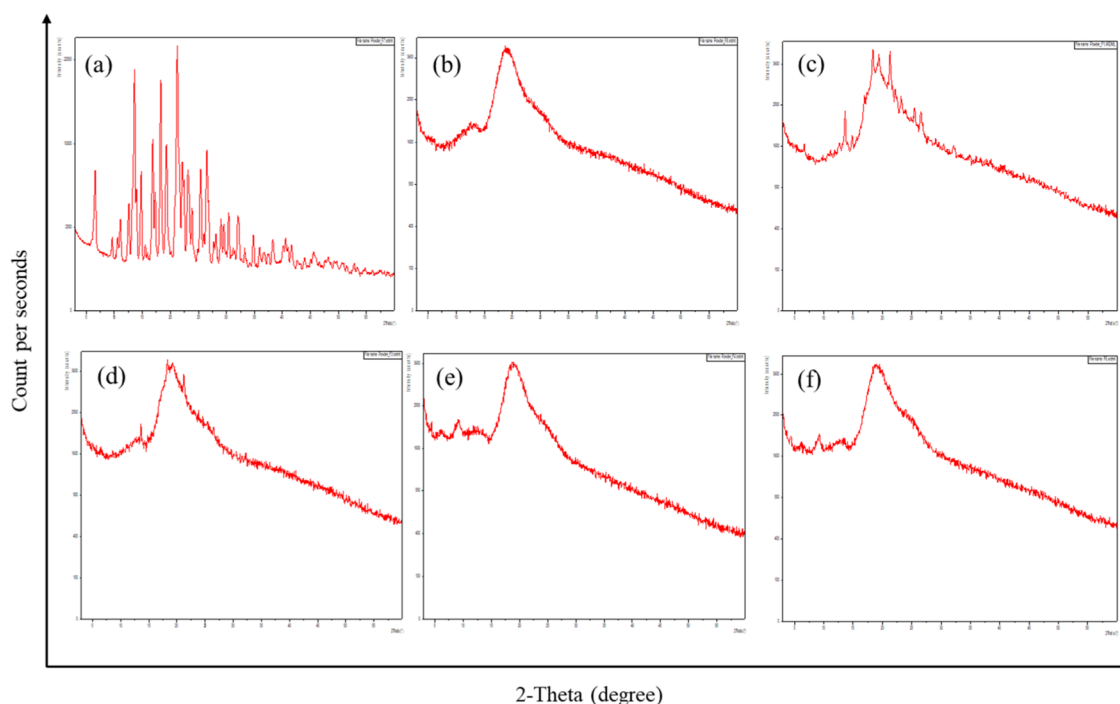


Figure 7. Powder X-ray diffractogram of (a) pure glimepiride, (b) Captisol, (c) glimepiride–Captisol 1:1 physical mixture, (d) glimepiride–Captisol 1:3 physical mixture, (e) glimepiride–Captisol 1:1 inclusion complex, and (f) glimepiride–Captisol 1:3 inclusion complex.

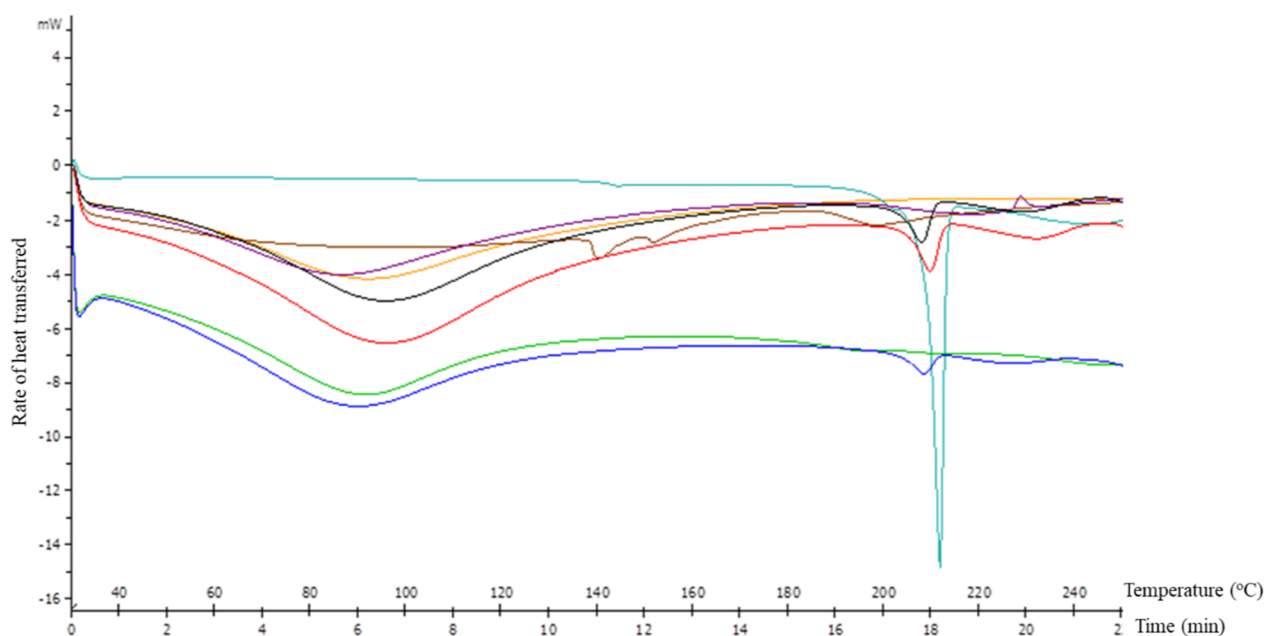


Figure 8. DSC curves of glimepiride, Captisol, physical mixtures, and glimepiride–Captisol inclusion complexes.

$$K_c = \frac{\text{slope}}{S_0(1 - \text{slope})} \quad (1)$$

where S_0 (intrinsic solubility) is the intercept of the phase solubility curve and denotes the saturation solubility of glimepiride in distilled water or phosphate buffer without Captisol at different temperatures and the “slope” denotes the slope of the straight line.

The complexation efficiency (CE) was calculated from the phase solubility diagram:^{12,15,26,35}

$$\text{CE} = S_0 K_c \quad (2)$$

Change in enthalpy (ΔH) of complexation was calculated using Van't Hoff's equation:^{12,15,26,35}

$$\log \frac{K_2}{K_1} = \frac{\Delta H(T_2 - T_1)}{2.303RT_2T_1} \quad (3)$$

where K_2 and K_1 are the stability constants at T_2 and T_1 temperatures, respectively, and the temperatures were in Kelvin.

The changes in Gibbs free energy (ΔG) and entropy (ΔS) due to complexation were determined from the following equations:^{12,15,26,35}

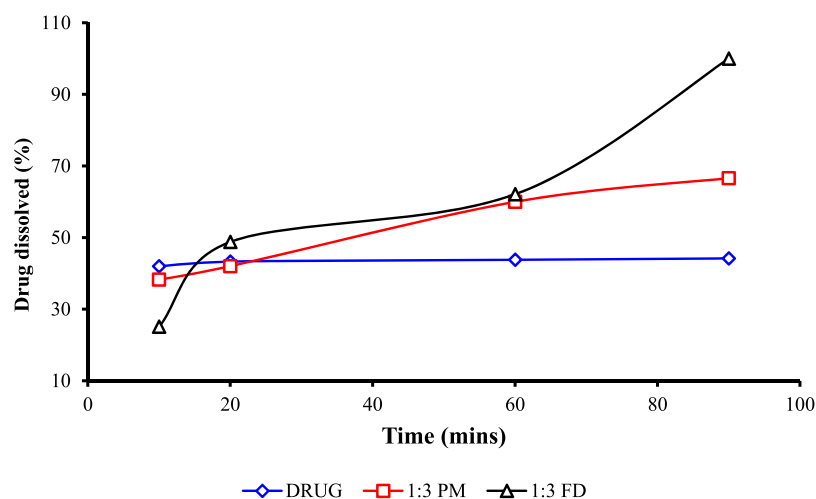


Figure 9. Dissolution profiles of glimepiride from the physical mixture (PM in orange), inclusion complex (FD in gray), and pure drug (in blue) in phosphate buffer (pH 7.2) at 37 °C.

$$\Delta G = -2.303RT \log K \quad (4)$$

$$\Delta S = \frac{(\Delta H - \Delta G)}{T} \quad (5)$$

where R is the gas constant ($R = 8.314 \text{ J/mol/K}$), and K is apparent stability constant from eq 1.

Molecular Docking Studies of Glimepiride- β -Cyclodextrin Complexes. The molecular docking experiments were carried out using the Chemical Computing Group's Molecular Operating Environment (MOE) software (MOE 2019.01). The 3D chemical structure of the glimepiride was downloaded from the PubChem database portal. Both glimepiride and β -cyclodextrin underwent energy minimization until an RMSD gradient of $0.05 \text{ kcal mol}^{-1} \text{ \AA}^{-1}$ was obtained. Amber10: EHT force field was employed to calculate the partial charges. We used Triangle matcher as the ligand placement method and London Dg scoring as Rescoring for docking studies. The GBVI/WSA dG scoring function was used throughout. In all, 30 poses were generated for each run, and 5 poses were generated for the refinement stage. The results obtained were under the following criteria. S score is the final score, RMSD defines the pose from the original ligand, RMSD refine defines the pose after the refinement stage, E_conf is the energy of the conformer, and E_place is the score from the placement stage. The docked pose with lower energy was recorded in the form of S_Score.

The top-scored complex docking poses were subjected to solvent-explicit, all-atom molecular dynamics simulations using the GPU-accelerated Desmond 3.0 (D.E Shaw Research and Schrödinger Inc.). Models of protein–ligand complexes were produced using the OPLS3e force field. Each full-atom system was immersed in a periodic simple point charge (SPC) water model. Electroneutrality was ensured by adding one Na^+ ion to the system. Periodic boundary conditions and the particle mesh Ewald method (to account for long-range electrostatic interactions) were used throughout. Bonds involving hydrogens were constrained using the SHAKE algorithm, and a time step integration of 2 fs was used for all simulations. A steepest descent minimization and thermalization scheme was applied to the initial structure. The systems were heated from 0 to 300 K in 100 ps, keeping the $\text{C}\alpha$ atoms fixed in their original positions. In the next step, all the constraints were lifted, and the equilibration

was continued in the isobaric–isothermal ensemble with Nose–Hoover thermostats for 5.0 ns.

The molecular dynamics simulation of β -cyclodextrin–glimepiride docked complexes was performed once using the GROMACS 4.5.52 package, with a standard GROMOS96 force field for 100 ns.^{36,37} The simulation was performed in the presence of water, and an SPC water model was used with 1495 water molecules being added to the complex. After solvating the system, we neutralized the system with the following Gromacs command: “genion -s ions.tpr -o solv_ions.gro -p topol.top -pname NA -nname CL -neutral. The output of the command and topol.top file suggested that the zero counter ion was added to the system, as previously reported.³⁸ Each molecular dynamic production run was carried out for 100 ns for each complex. Each recording interval was set to 100 ps for the trajectory and 1.2 ps for the energy. The NPT ensemble class with a temperature of 300 K and a pressure of 1.01325 bar was used. Each reported value was calculated as the mean of three molecular dynamics performed for each complex. All other options were kept on by default values.

Scanning Electron Microscopy. The surface morphologies of the pure glimepiride, physical mixture, and inclusion complex were analyzed using a scanning electron microscope (TM3030 Plus). The powdered samples were mounted on an aluminum stub using double-sided adhesive carbon tapes and then coated with platinum under low pressure to make them electrically conductive. The images of the samples were taken at an excitation voltage of 10 kV.³⁹

Fourier Transform Infrared Spectroscopy. The analysis was performed on a Fourier transform infrared spectrophotometer (Bruker) to determine functional groups of glimepiride, Captisol, physical mixture, and inclusion complexes. The powdered sample was mixed with the KBr powder of infrared grade at 1% and pressed into a disc using a hydraulic press.

Powder X-ray Diffraction Analysis. The powdered sample was analyzed using (XPRT-3) with a $\text{Cu K}\alpha$ radiation source of an accelerating voltage of 40 kV and a current of 30 mA ($\lambda = 1.5406 \text{ \AA}$). The experiment was carried out at room temperature. The scan range was over the 2θ angle range of 3 to 50° , and the scan step time was 0.5 s.

Differential Scanning Calorimetry. The analysis was done by heating 3 mg of each sample from 25 to 300 °C at a heating rate of 10 °C/min under ultrahigh purity nitrogen gas

flowing at 150 mL/min. The experiment was performed using DSC thermograms (STAR^e SW 12.10).

In Vitro Dissolution of Glimepiride from the Pure Drug, Physical Mixtures, and Inclusion Complexes. The dissolution was assessed using the USP apparatus II (paddle method) (*in vitro* dissolution apparatus, Lab India DS 8000).⁴⁰ The experiment was performed for the pure drug, physical mixtures, and inclusion complexes in a dissolution vessel containing pH 7.2 phosphate buffer at a temperature of 37 °C. At different time intervals (10, 20, 40, 60, and 90 min), 1 mL of sample was withdrawn and subsequently replaced with the freshly prepared dissolution medium to maintain the sink condition. The withdrawn samples were then filtered using Whatman filter paper no.1, and the filtrates were diluted with the dissolution medium and analyzed for drug concentration using a UV spectrophotometer at 228 nm.³³

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Notes

The authors declare no competing financial interest.

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